



March 2003

Little Rincons Rogaine - March 15 -16

—Yen & Matt Chamberlain

The Little Rincons Rogaine promises to offer a great fest at Happy Valley. Registration closed on February 28. At the time of writing this article (Feb 22) we had 75 registrations and counting!

It has taken a lot of time and effort and volunteerism to put this event together. The effort of all those who have contributed is greatly appreciated. Registrations have gone smoothly with the only hitch being that some people had interpreted the entry fee to be per team rather than per person. We were hopefully able to reach everyone that needed to be advised prior to the closing of registrations. Any outstanding corrections can be directed to the Meet Director—Yen Chamberlain—prior to March 12 at (520) 318-3630 or at the event.

Important updates have been posted on the website, so, if you haven't checked recently, make sure you take the time before heading off to the event. The directions to the Hash House have also been posted on the website and e-mailed to all registrants. For those of you who prefer to see it in print the directions are as follows:

Driving Directions to the Hash House: The Hash House will be located in one of the paddocks of Happy Valley Ranch at the Little Rincons. Head East from Tucson on Interstate 10. Take the J-Six Mescal Road Exit (Exit 297). Turn North on to Mescal Road and continue 16 miles. The biggest hint that you have reached the right spot will be the ARIZONA ROGAINE banner along the fenced paddock on the east side of the road. Turn into the paddock and follow directions for parking. The paddock is just prior to a junction in the road. The junction has a sign indicating Miller Creek Trailhead to the right and Turkey Creek to the left. If you reach the junction, you've gone too far. Note: The last ~10 miles of the road is unsealed. There may be some slippery clay patches and shallow creek crossings, depending on recent rainfall, though nothing too difficult.

Parking and Camping Directions: We have been given permission to use private property for the Hash House. Please show respect for the property and its owners. **Follow all signage and directives for parking.** If you are not sure where to park, **ask before you park.** Likewise, camping will be in a specially designated area. **Do not drive through paddocks as there are irrigation systems which could be damaged.** No exceptions!

Registration: Registration and payment for the event were completed on-line. Soon after arriving, please report to the Registration tent to complete the event waiver form. The Registration tent will be located at the Hash House and will be staffed Friday evening and Saturday morning. Maps will be available from 10 a.m. on Saturday. Control Cards will be available at the 12 noon start on Saturday.

IMPORTANT REMINDERS:

Bring your own water on the course. There are water drops on the course; however, the terrain has made it difficult for us to replenish during the event.

Ensure that you keep hydrated on the course. Arizona is very dry and it is easy to become dehydrated without realising.

Bring food from Tucson or Benson for pre-event and post-event meals. These are the closest town centers from the Hash House.

Continued on page 2

Continued from page 1

Hash House food is only available to registrants and designated volunteers. Hot and cold foods will be provided, as well as drinks and water to use during the event.

We have been looking forward to hosting this event and in particular to providing valuable feedback for the planning and running of the next World Rogaining Championships. **The 6th World Rogaining Championships will be hosted in Arizona by the Tucson Orienteering Club, May 8-9, 2004.**

Have a great time—we'll see you at the Little Rincons! Cheers!

(520) 318-3630

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yenc@dakotacom.net

E-mail Discussion Group

Tucson Orienteering Club has its own discussion group. It is maintained as Tucson "O" Club by Topica, and is an e-mail based service. You must be subscribed before you can read or send messages.

To subscribe, send a blank message to: TucsonOrienteering-subscribe@topica.com. To send a message, simply address it to: TucsonOrienteering@topica.com. It will then go to all the list subscribers. To unsubscribe, see the Unsubscribe link at the bottom of any message.

For more information about this list, visit: <http://www.topica.com/lists/TucsonOrienteering>. Any problems, questions, or concerns can be sent to Jim Stamm, the E-Group Moderator, at JimStamm@ComCast.net.

Newsletter Submittals

The deadline for newsletter items is shown in the monthly calendar. Please try to meet the deadline, or call the editor if there is a problem. All members are invited and encouraged to send informational or opinion articles on any orienteering topic.

Phone: 296-2108 Fax: 290-8071

E-mail: loiskim@aol.com

US mail: 9055 Calle Bogota

Tucson, Arizona 85715.

Lois Kimminau, Editor

President's Message, March 2003

—*Jeff Brucker, President*

A significant event in our club history has just recently occurred—a visit by a group of orienteers from Sweden, who attended our February meet. The visit was organized by Leif Lundquist and Peg Davis. It was great to rub shoulders with our Swedish brethren at the meet, and later at the potluck at Peg's.

I am happy to announce that several members have recently stepped forward to perform the vital infrastructure jobs which keep our club afloat.

Dave McElroy has accepted the position of Permit Chair, replacing **Mike Thompson**, who held this job for some time. FYI, without permits we cannot hold orienteering events on public lands. Thanks, Mike, for several years of service, and Dave, for stepping forward.

Next, **Ruth and Phil Kirby** have agreed to do the monthly mailing of the newsletter, taking over from **Sue Roberts and Roger Sperline**, who have done this for a very long time. This job entails collating and folding the newsletter, attaching the labels and postage, and taking the newsletters to the post office. Thanks, Sue and Roger, for several years of service, and Ruth and Phil, for stepping forward.

By the way, **Mary English**, Equipment Chair, could use some help with some aspects of the equipment. This would involve perhaps one evening per month helping her organize and prepare the equipment for the coming meet. Time-wise and responsibility-wise, it would be a very flexible position. Call Mary or myself for further details if you are interested.

Speaking of open positions in our infrastructure, we also need someone to take over the Publicity Chair. The publicity person makes sure that our monthly announcements are inserted in various publications, and also handles other aspects of publicizing our sport. This job would dovetail with the special Outreach efforts of **Peg Davis**. Again, time-wise and responsibility-wise, this would be a very flexible position. Call me for further details if you are interested.

Finally, I wish to acknowledge and thank our most recent meet directors, **Pat Penn, Margrit McIntosh, Greg Guerrero, and Cristina Luis**, all of whom did just great, but more importantly, had a good time doing it. I think all can testify that the meet director's job, as currently structured, is rewarding and enjoyable, and relatively painless. Not counting the time to, from, and at the meet, which as good orienteers we would be doing anyway, the whole job only takes a couple of hours, most of which is spent picking up and re-delivering the equipment, and taking care of paperwork.

Restructuring the meet director job was the prime reason that I accepted the presidency of our club. My first action was to commission **Bob Miner** to rewrite the meet director's manual, and he did so admirably. Gone is the endless list of details, and the unrealistic expectation to telemarket for volunteers from the membership list before the event. The meet director's main responsibilities as they now stand are: 1) make sure the equipment arrives on time, and is returned after the meet, 2) delegate a volunteer for each job and oversee the shift of volunteers during the course of the meet, 3) make sure the results are tabulated and sent to Lois along with a brief report. That's it. He or she is NOT expected to chase down volunteers, but rather to simply ask. This philosophy has proven over the last several meets to be highly successful, partly because of this shift in expectations, but more importantly because of the teamwork of our members and their willingness to cheerfully pitch in when called upon. Keep up the good work, all of you who have assisted the meet directors; it is what makes our club work.

Happy O!

BOARD MEETING: MARCH 12 AT THE HOME OF PEG DAVIS, 2241 EAST PARKWAY TERRACE. CALL PEG AT 628-8985 FOR DIRECTIONS, IF NEEDED. POTLUCK AT 6:30 P.M., WITH MEETING TO FOLLOW AT 7.

Slavin Gulch

—Cristina Luis

Well over one hundred people made the trek to the Dragoon Mountains on February 15-16 for at least a portion of the varied orienteering festivities. The weather was perfect, the courses were praised, and the mountains were beautiful (and presumably remained so even after our departure). With representatives from New Mexico, Texas, and Sweden, we had a veritable smorgasbord* of accents and personalities. The only problem with having so many people is that we ran out of maps (!) for the Orange and advanced courses before everyone had started their first course. Thankfully people returning were willing to pass on their copies.

Several people gave mountain bike orienteering a try on Saturday. The mountain bike-O and the top-rope climbs gave people extra incentive to make the trip. Course setter **Mark Parsons** deserves major props for setting up so many activities in addition to the regular orienteering courses.

So many people helped out that I'm afraid I didn't catch everyone's name. The helpers include (but are not limited to) **Melissa Trout, Ta-Shana Taylor, Phil Kirby and his wife, Chris North, Peg Davis, Jeff Brodsky, Gary Hinman and Ron** at the tables. **Jeff Brucker** gave a thorough Beginners' clinic. **Pat Penn, Andreas Haldi, Mark Everett, David Barfield, John Maier, Tom Kunkle, Gary, Ron, and Ludwig Hill** helped with control retrieval. Having so many volunteers was great, but if we're to have the same kinds of numbers in the future, we're going to need to work on streamlining the registration and timing processes.

Mark set very scenic White, Yellow, Orange, Green, and Red courses. Kudos to the winners: Delphine Perrodin (a first-time orienteer), Team 7 from Hot Springs High School JROTC (New Mexico), Thomas Kunkel, Mark Everett, and Andreas Haldi. Watching so many orienteers having fun (and being competitive) made meet directing quite worthwhile.

*Note: Our Swedish guests reading this should be aware that the English use of "smorgasbord" does not imply any intention of eating any of our visiting orienteers.

White			6T	SHS 3	120:05	Red		
1W	Delphine Perrodin	21:04	7T	Team Tubac	123:29	1M	Andreas Haldi	46:35
1T	The Koenigs	30:00	8T	Kimminau	131:53	2M	Max Suter	61:52
Rec.	Roger Koenig		3W	Annemie Baker	150:25	3M	Wolfsong	65:05
			9T	SHS 2	170:30	4M	Ludwig Hill	67:02
			10T	SHS 1	191:13	5M	Alexandre Savine	74:43
Yellow			DNF	Cristina Luis, Marcus Andersson, SHS 11, Birgitta Areskoug		6M	Jeff Brucker	77:06
1T	SHS 7	25:52				1W	Jessica Shafer	84:10
1W	Judy Inglis	26:06				7M	Magnus Areskoug	84:13
2T	SHS 4	28:10	Rec.	Davy Calkins, Judy Inglis, La Familia Gris, City Girls + 1, Larry Guerrero, Rachel Gelbin, Coyote, Desert Nomads, Sheryl Attig		8M	Kurt Andersson	88:01
1M	Herby Inglis	31:38				9M	Andrew McCarthy	88:56
3T	SHS 6	35:03				10M	Leif Lundquist	93:32
Rec.	Delphine Perrodin					2W	Emily North-Lane	100:22
4T	SHS 8	39:25				3W	Peg Davis	114:26
5T	SHS 5	43:32				11M	Joaquin Fox	120:20
6T	The Stephens	54:50				12M	Jeff Brodsky	126:33
7T	Team Pale	54:55	Green			Rec.	Herby Inglis	138:15
8T	Pathway Deviants	65:22	1M	Mark Everett	45:23	1T	Milsom	197:58
Rec.	Roger Vetta, Laura Jacobs Tucson Mountain Trio, Florida Duo, 3 Tall 3 Small, Davy Calkins, Rattus		2M	Chris North	73:06	DNF	Free Rangers, JSR	
			1W	Pat Penn	109:26			
			3M	Michael Kuecken	113:37			
			4M	Palne Mogensen	117:45			
			5M	Don Baker	128:42			
			1T	CASA	149:43			
			2T	Beauty and	162:51			
			2W	Margrit McIntosh	169:44			
			3T	Hawks	205:09			
			DNF	Nancy Potenza, Michael Gurevitch				
			Rec.	McElroy, Team Geo, Gunnela Mogensen				
Orange								
1M	Thomas Kunkel	63:41						
1T	M & M	77:01						
2T	SHS 13	81:31						
1W	Alexis Mills	93:05						
3T	SHS 9	95:08						
2M	Marty Dristell	95:20						
2W	Helen Deluga	98:10						
4T	SHS 10	98:23						
3M	Alexander Moganssem	100:14						
5T	SHS 12	102:25						
4M	Ralph Prince	115:16						

If you would like to receive announcements about future events by e-mail, go to the club website and fill out the subscription form.

You can also save time and hassle by printing out an entry form at home and bringing it to the meet.

Either of the above can be accessed at:

www.tucsonorienteering.org.

Corrections

It's hard to believe but there were actually *two* errors in the results for the January meet at Silver Bell! (Actually, if you've ever tried to keep everything straight amid the confusion around the timing table, you may not find it difficult to believe!)

Mistake number 1: Mark Parsons was placed on the Red course rather than Green; Mistake number 2, Jim Stamm was listed as DSQ (disqualified) for losing his card. However, his card was found, and he had punched all the controls on his map while his card was missing. This is considered acceptable. The corrected rankings are below.

Green

1M	Mark Parsons	42:06
2M	Dan Cobble Dick	49:25
3M	Leif Lundquist	54:26
4M	Joaquin Fox	55:00
5M	Larry Lamb	59:08
6M	Jim Stamm	61:00
1T	Dudes	63:12
7M	Chris North	63:25
2T	Beauty and.....	66:07
8M	Don Baker	80:00
9M	Jim O'Donnell	84:02
10M	Jason Bowman	85:52
1W	Margrit McIntosh	87:20
11M	Michael Gurevich	90:32
3T	Keith McLeod	100:35
2W	Pat Penn	102:59
4T	Free Rangers	105:17
5T	Drew & Amy	148:25
Rec	McElroy	
Rec	Lois Kimminau	

Red

1M	Andreas Haldi	65:06
2M	Mark Everett	66:03
3M	Peter Zurcher	81:58
4M	Max Suter	90:20
5M	Matt Chamberlain	91:14
6M	Ludwig Hill	109:28
7M	Jeff Brucker	110:29
8M	William Florence	166:41
DSQ	Michael Kuecken	

Training Tip

Do you know all the symbols used in orienteering? If you've ever tried to copy the control description quickly (on the clock), you know it's much faster to copy the symbol than to write out the words, even if the words are available. And they aren't always available, except on the beginner courses.

For a fun way to review them, or to learn the new ones that have been approved, go to www.fortnet.org/icd. The control symbols are shown, 10 at a time, with a list of the descriptions at the side for you to match. And when you think you have all 10 matched, you can click on "Check Answers," and it will tell you if you are right. If so, you can go on to the next page of 10.

This is great practice for all of us intermediate orienteers--a quick and painless way to learn.

What on Earth is a Reentrant?

(Extracted from *The Ups and Downs of Orienteering* by Olive Kearney)

Hillside just smooth gentle slopes? Dream on! They have valleys and ridges and knolls, and other landforms which orienteers call REENTRANTS and SPURS. These last two are very useful for navigating, if we can tell them apart on the map! So pull out an O-map and we'll see if we can master them.

What on Earth is a Reentrant? When describing the places that water would collect in and run down when it rains, orienteers use the term 'reentrant'. These reentrants can have steep sides or just be gentle dips, they can be long, running from top to bottom of a hill, or short, spanning just one or two contours. They may never see rain! As long as water would flow down it, be it a bucket-full or a torrent, it is a reentrant. Little reentrants usually run into each other (at a 'reentrant-junction') and then a bigger reentrant goes further down the hillside and so on out to sea. Look at the map and locate some of these.

Why call them Reentrants? Believe me, there is a reason for such a strange word. Try to find a large hill on your map, or better yet, a long hillside with parallel contours. You will notice at some places the contour lines jog a little, that is 'go back into' or 're-enter' the hillside! Simple explanation for an intimidating word. Another, perhaps easier to remember explanation--a reentrant is where the water "re-enters" the water table. Maybe we should go with that. Some water courses are not reentrants. A short, very steep-sided erosion feature is called a gully, and a Ditch is Dug. I'm glad you are no longer confused, so let us go on and study spurs.

Spur Onwards! Look at the map again. See if you can find contours 'going out' of the hillside. These are SPURS, areas where the land juts out a bit. Spurs are more evident around a hill or mountain, rather than on a long hillside. But like reentrants, they too can be any size, anywhere, as long as the land falls away on three sides. There are even spurs more correctly called RIBS; these are very narrow and often long. A wide round spur may have a flat area (a wider space between the contours) called a TERRACE. But we will stick to spurs and reentrants for now and find how to tell which is which on the map while you are tired, bruised, and far from home and when the mosquitos are biting.

Which way is UP? Does your map sometimes confuse you? On a USGS topographic map the contours are labeled with their elevation. You can see the number 4000 then 4100 and it is obvious which way is up. But orienteering maps don't help us this way and we must be very careful to work out which way is UP. Search for a hilltop. That closed circle will be the high point, contours spreading out from it are going downhill. Be careful again, if the contour circle has hash (or 'tic') marks in it, it is a depression, which may or may not be at the top of a hill!

Recognizing reentrants and spurs on the map is an orienteering skill we all want to master, because:

REENTRANTS point UP-hill and SPURS point DOWN-hill.

CLUB CALENDAR

March 12, Board Meeting

See page 2 for details.

March 15-16, Little Rincons—12/24 -Hour Rogaine

Course Setter: Matt Chamberlain (318-3630)

Meet Director: Yen Chamberlain (318-3630)

March 24, Newsletter Deadline

See page 2 for details.

April 20, Brady Wash

Course Setter: Jim Stamm (575-0830), Mary English

(881-4786), Lois Kimminau (296-2108)

Meet Director: Don Baker (818-1988)

May 18, Carr Canyon

June 15, Palisades, Mt. Lemmon

Course Setter: Jeff Brucker (886-6304)

Meet Director: Pete and Judy Cowgill (887-1514)

July 20, Bear Wallow, Mt. Lemmon

August 16-17, Lake Mary

Arizona State Championships

September 21, Greasewood City Park

National Orienteering Day

Course Setter: Ludwig Hill (299-9041)

Meet Director: Vacant

October 19, Italian Trap

Course Setter: Max Suter (797-8850)

Meet Director: Vacant

November 16, Highway 83

Course Setter: Chris North (322-9758)

Meet Director: Vacant

December 21, Cat Mountain

Course Setter: Ludwig Hill (299-9041)

Meet Director: Vacant

There will be a carpool to the Greater Phoenix Orienteering Club's Needle Vista meet on Saturday, March 8. Yellow, Orange, and Red courses will be set.

Contact Peg at 628-8985 or pegdavis@u.arizona.edu to get on board.

TSN Club meets are held regularly on the third Sunday of the month, year-round.

Experienced course setters are usually happy (with advance notice of about a month) to work with apprentices who want to learn to set courses. If there is enough interest, separate training for course setting can be organized.

Directing a meet consists essentially of setting up and supervising the Registration and Timing areas, with help from other volunteers. Teams of two are encouraged.

Please call Jim Stamm at 318-3630 if you can help with any of these meets.

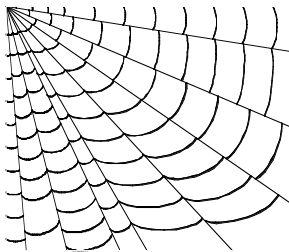
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Address Service Requested

It's ROGAINE time!
Little Rincons
March 15-16, 2003



Check out the Tucson Orienteering Club web site!
Type <http://www.tucsonorienteering.org>
Also, for links to all the West Coast club sites,
just type <http://go.to/sconet>
or for Pacific Region rankings, type
<http://go.to/pacreg>

Tucson Orienteering Club Membership Application

Check one: New Member Renewal Date on label _____
Check one: Individual (\$10) Household (\$15)
Name: _____ Telephone: _____
Address: _____
City, State, Zip: _____ E-mail: _____

Can you help staff a club meet? Yes, call me.
Members receive a monthly newsletter, have voting privileges and access to Club library,
and receive a \$5 discount per meet. Make checks payable to Tucson Orienteering Club
and send to P. O. Box 13012, Tucson, AZ 85732.