

November 2006

Orienteering at Catalina State Park, Sunday, November 19, 2006

—Peg Davis

This month's courses will be set by our latest out-of-town course-settin' friend: John Pascal of Farmington, New Mexico. He's the foxy dude in the top photo on page 6. A veteran of many Arizona Rogaines, John will be setting White, Yellow, Orange, Green, and Red courses. Expect high dry grasses and weed seeds. Throwaway socks are recommended.

Adventure Racers: The new, enhanced "Tucson Motala" is a three-stage navigation race which will provide a diversified orienteering challenge to racers that will test their trekking and orienteering skills.

Starting this event, we have heeded the requests of adventure racers to make it even longer and more challenging. The first stage (~4k on/off trail) will require some off trail navigation and will whet your appetite for what is to come. The second stage will be a navigationally challenging ~4k off trail stage. The third stage is longest at ~6-7k and will test your physical fortitude and mental wits. These are our Yellow, Orange, and Red courses. Your team must begin the last leg by 11 a.m. to continue. All teams must return to the finish area by 1 p.m., course completed or not. There will be no biking or water stages.

This different style of race will allow you to improve your navigational skills as a team or individual while competing with the peers you normally see only at the big races, at a modest cost. For those of you who are new to adventure racing, the ascending navigational challenges on the successive stages will allow you to gain valuable training and experience in a competitive environment, without having to commit to the travel and expense of a high-profile race.

The start window will be 9:00 a.m. to 9:30 a.m. only. Fees for members of the Phoenix and Tucson Orienteering Clubs are \$10/person + \$5/each additional team member for each event. Nonmember fees are \$15/individual + \$10/each additional team member for each event.

Directions: The entrance to Catalina State Park is located on Oracle Road (Arizona 77), six miles north of the intersection of Oracle Road with Ina Road. If you come on I-10, take Exit 248 and drive east on Ina for five miles to its intersection with Oracle, then turn north for five miles. Visitors from Phoenix, take the Pinal Parkway to Oracle Junction, from where it is approximately 10 miles southbound on

Arizona 77 to the park entrance. Follow the signs to the end of the paved road to reach the event start and parking. (Orange and white O signs will also point the direction.) There is a \$6 per-car fee for entrance to the park, so car-pool if possible.

Fees: \$10/individual, \$15/team for non-members. \$5/individual, \$8/team for members of any recognized orienteering club. Compasses rent for

\$1. Safety whistles sell for \$1. Every person, all courses, all meets is required to carry some type of safety whistle.

Schedule:

8:30 a.m. Registration opens. Beginners' clinic starts.

9:00 a.m. Courses open.

11:00 a.m. Last time to start a course.

12-1:00 p.m. Route choice reviews.

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Continued from page 1

1:00 p.m. Courses close. Begin control retrieval—good orienteering practice, lots of help always needed. Volunteer before 1 p.m. with the meet director.

Check-In: To insure that all are safe, everyone, whether finished with the course or not, must check in formally at Start/Finish before leaving the meet site.

Newcomers: Go directly to Registration. Ask for instructions and introductory information. To attend the beginners' clinic, arrive between 8:15 a.m. and 8:30 a.m.

Route Choice Reviews: Between 12 and 1 p.m., an advanced orienteer will be available near the Start/Finish area to discuss route choices with returning participants.

Newsletter Submittals

The deadline for newsletter items is shown in the monthly calendar. Please try to meet the deadline, or call the editor if there is a problem. All members are invited and encouraged to send informational or opinion articles on any orienteering topic.

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US mail: 10633 E. Mary Stephey Place

Anza-Borrego Meet 2007

—*Peg Davis*

Here's your chance to orienteer six times between January 12-15. The San Diego Orienteering Club will be holding their annual meet in the Anza-Borrego State Park. This extreme desert setting offers a stunning variety of terrains—cliffs to flats to badlands. Bill Gookin will be setting courses on the set of maps he's developed.

The weather is usually not too hot during the day and not too cold at night. Free primitive camping is on-site with fancy golf resorts nearby for the monied. Check out the great array of events—and the bargain price!

While you'll be seeing a lot of your Arizona friends (only a 5 or 6 hour drive, join a carpool), people from all over the country end up there. Maybe we'll get lucky and a flock of elite orienteers will attend to show us some dazzling skills. Take this opportunity to taste the joys of a multiday orienteering event and see what a low key pleasant experience it can be.

Tentative schedule:

Friday, Jan 12: Noon-4:30 p.m. Model Event

Saturday, Jan 13: 10:00 a.m. B-Meet Classic, Day 1; 2:30 p.m. USOF Team Benefit Sprint

Sunday, Jan 14: 9:00 a.m. B-Meet Classic, Day 2; 2:30 p.m. Maze-O

Monday, Jan 15: 8:30 a.m. Scavenger Score-O

Tentative Fee Structure:

	<i>Register by January 5</i>	<i>After January 5</i>
B-Meet	\$8.00 per day	\$10.00 per day
Maze-O	\$5.00	\$ 7.00
Scavenger Score-O	\$5.00	\$ 7.00
All 4 events	\$24.00	\$32.00
Model Event	\$2.00 map fee	

Route Gadget

—*Max Suter*

The map and routes of the Box Canyon meet are online and you can draw your routes with Route Gadget and compare them with those of your competitors!

Route Gadget is an interactive online utility to upload orienteering maps and e-punch split times. The competitors can then draw individually their routes online, and the race can be replayed in form of an animation. You also can enter verbal comments for each leg that may explain your route choice. The split times are distributed evenly unless you indicate places where you lost time. Route Gadget adds a new dimension to post-race analysis. You can choose a mass start and select the runners whom you want to watch racing along the course in form of small squares. You can increase/decrease the speed of the animation and zoom or shift the map.

Route Gadget was developed in Finland and is free for non-commercial use. Tapio Karras introduced the program in 2004 on the BAOC website, where further information about the program can be found (<http://baoc.org/wiki/RouteGadget>). The meets posted on that site include the 2005 A-meet on Mt. Hamilton and the 2006 A-meet at Spooner Lake. The Canadian Orienteering Federation has a central website for Route Gadget (<http://rg.orienteering.ca/cgi-bin/reitti.pl>), where you can view maps from around Canada and replay races.

The program has also been installed on the website of the San Diego Club by Jan Urban, who attended the Box Canyon meet (<http://www.5z.com/urban/gadget/cgi-bin/reitti.cgi>). Jan offered to include the Box Canyon event; the map and the courses are uploaded, and as of this writing, several participants have already drawn their routes. As you will notice, there were some vastly diverging routes on the Blue course. So, log in, enter your course, enter your splits or your finish time, and draw your route; the program is quite intuitive.

(Note: Thanks to Max for sending the OCAD map/course files, and for setting a great event.)

Oak Canyon Meet

October 14-15, 2006

This two-day meet took place southeast of Tucson, in the savanna grassland and open oak-juniper forest of the northern foothills of the Santa Rita Mountains, on a new map created by a working group of the club. The map is of A-meet quality, and the terrain has intricate topographic and vegetation details (more so than the Kentucky Camp map), which permits the design of challenging courses.

The meet attracted out-of-town visitors from the Chicago (CAOK), Northern Texas (NTOA), San Diego (SDO), Phoenix (GPHXO), and Los Angeles (LAOC) clubs. Not only was the map new, the terrain was slow because of the tall grass, and the courses were on the long side; as a result many participants preferred not to run the entire course or had overtime.

The Saturday program included a "Sprint" (short intermediate-level course) and two night courses. The Sprint was won by Michael Collins (CAOK, former TSN member and registrar of the 1996 Sun Fest A-meet), 0:07 ahead of Ludwig Hill, and 1:55 ahead of Jan Urban (SDO). The intermediate level night course was won by Trish Krantz (SDO) ahead of Mihail Gurevitch, and the advanced-level night course by Ludwig Hill ahead of Dan Felitsky (SDO).

There was a choice of four courses on Sunday: The beginner's course was won by Michael Rule, the intermediate-level course by Jim Stamm, the short advanced-level course by former and future TSN member Cristina Luis (NTOA), and the long-advanced course by Mark Everett, who currently leads the 12-month rolling ranking of the US Orienteering Federation in the men's elite (M21) class (www.usof-rankings.org).

Credits: Cartography: **Ludwig Hill** and TSN working group; course design: **Max Suter**; registration: **Fran Boyd, Kyoko Suter, Ludwig Hill, and Trish Krantz**; refreshments: **Fran Boyd**; timing: **Keith McLeod and Max Suter**; control retrieval: **Mihail Gurevitch, Ludwig Hill, Keith McLeod, and Max Suter**. Thank you, everyone!

Sprint (3.5 km, 160 m)

1M	Michael Collins	37:04
2M	Ludwig Hill	37:11
3M	Jan Urban	38:59
4M	Dan Felitsky	40:38
5M	Jeff Brucker	47:30
6M	Jeff Brodsky	68:03
7M	Mihail Gurevitch	73:44
1F	Trish Krantz	78:53
2F	Laura Wasylenki	83:58
	Lois Kimminau	REC
	Team Christina Collins	REC
	Jeanine Lussier	REC

Intermediate-Level Night Course (2.6 km, 100 m climb)

1F	Trish Krantz	37:43
1M	Mihail Gurevitch	56:52

Advanced-Level Night Course (5.8 km, 240 m climb)

1M	Ludwig Hill	127:12
2M	Dan Felitsky	147:41
	Jeff Brodsky	DNF
	Jan Urban	DNF
	Team Ruination	DNF

Beginner's Course (2.6 km, 100 m climb)

1M	Michael Rule	41:46
1F	Kris Klewin	75:30

Intermediate (Orange) Course (5.8 km, 240 m climb)

1M	Jim Stamm	129:50
1T	Team Ruination OP	163:50
	Doug Neill	REC
	Jen Adolfs	REC
	Jim Schweigeling	REC
	Beckie Copeland	REC
	Melissa Trout	REC
	Team Chupacabra	REC

Short-Advanced (Green) Course (6.2 km, 330 m climb)

1F	Cristina Luis	81:18
1M	Jeff Brodsky	120:18
1T	Ruination	162:28
2M	Bill Florence	164:15
3M	Mihail Gurevitch	201:27
	Trish Krantz	REC
	Laura Wasylenki	REC
	Margrit McIntosh	REC
	Jeff Berringer	REC
	Beauty & The Beast	REC
	Nadine Gruhn	REC
	Alexis Mills	REC

Long-Advanced (Blue) Course (8.4 km, 420 m climb)

1M	Mark Everett	68:38
2M	Jan Urban	105:58
3M	Michael Collins	107:30
4M	Dan Felitsky	108:17
5M	Ludwig Hill	110:58
1T	Team Tubac	177:18
	Mike Wilke	REC

E-mail Discussion Group

Tucson Orienteering Club has its own discussion group. It is maintained as Tucson "O" Club by Topica, and is an e-mail based service. You must be subscribed before you can read or send messages.

To subscribe, send a blank message to: TucsonOrienteering-subscribe@topica.com. To send a message, simply address it to: TucsonOrienteering@topica.com. It will then go to all the list subscribers. To unsubscribe, see the Unsubscribe link at the bottom of any message.

For more information about this list, visit: <http://www.topica.com/lists/TucsonOrienteering>. Any problems, questions, or concerns can be sent to Jim Stamm, the E-Group Moderator, at JimStamm@ComCast.net.

First Water - Needle Vista

November 11-12, 2006

—*Greater Phoenix Orienteering Club*

Join us for our club's next event which will be held at Needle Vista – First Water November 11-12. This is a special two-day meet following B-meet rules. There will be four courses each day (White, Yellow, Orange, and Red). Erik Ringnes is the course setter and Pat Abbott is meet director.

Camping is available at the Lost Dutchman State Park, about 1.5 miles south of the Day 1 meet area. There are 70 camp sites at the park with a \$12 per night fee. The phone number for the park is 480-982-4485, and it is a good idea to call ahead. As the meet is on national forest land, ad lib primitive camping is also possible.

VOLUNTEERS NEEDED: Volunteers are needed for this event. Help will be needed with bag hanging, registration, timing, bag retrieval, equipment set-up, etc. If you can help on either meet day, or if you have time to volunteer during the week before the event, please contact Pat Abbott, the meet director for this event. This is a two-day event with eight courses and we need more than the usual number of volunteers.

We cannot have this meet without your help. PAAPsyD@aol.com

Schedule:

Registration Starts	9:00 AM
Beginner's Clinic	9:30 AM (Day 1 Only)
Courses Open	9:30 AM
Courses close	1:00 PM

Cost (members/nonmembers): Individual, \$4/\$6 – per day; Family or team rate, \$6/\$8 – per day.

Directions: to Needle Vista From Phoenix: The first day meet will start from a dirt parking area about 0.5 miles south of the paved Needle Vista parking on Highway 88. From Phoenix, take US 60 (Superstition Freeway) east to Apache Junction, exit at Idaho Road and turn left (north). When you reach Apache Trail (Highway 88), turn right. Drive approximately 6.7 miles to the dirt clearing/parking area on the east side of the road. If you reach the paved Needle Vista parking, turn around and go back about 0.5 miles. Look for the orange/white orienteering sign.

Day two will start from the First Water parking area. Follow Highway 88 to Forest Road 78 (signed for First Water Trailhead), which is about 1/4 mile north of the entrance to Lost Dutchman State Park. The parking area is 2.4 miles from Highway 88.

This area has a \$4 day use fee.

What to bring: water bottle(s); whistle; compass. A whistle is required for all participants. Some are available to purchase for \$1. Compasses are available to rent for \$1. Your registration fee includes the map.



The pictures in this issue are all from the Lake Mary Arizona State Champs meet in September. Some of them were taken by Forest Brown and some were taken by Paul Kimminau.

Arizona State Championships, Lake Mary

September 23&24, 2006

—Richard Dewey

This was a fantastic event! The cool pines were a refreshing change from the desert heat, the skies were blue, the courses fantastic (great job, Ludwig), and the people delightful with three states represented. While the weather could not have been more beautiful during daylight hours, we were surprised by frost and 27 degree temperatures on Saturday night. The elk serenading us at night was a special touch.

This is one of our most popular areas despite vague contour lines and some outdated fieldchecking (the fence was a few strands of wire lying on the ground which Ludwig occasionally excavated to make visible). **Bill Dennis** made a very generous donation of compasses to the clubs. All the feedback for the event was positive with many smiles, especially for Gail's homemade cookies.

Richard Dewey was the meet director and **Ludwig Hill** was setter, vetter, and bag hanger extraordinaire. Volunteers for equipment transport, setup and teardown included **Peg Davis, Jeff Brucker, the Brodskys, Ludwig Hill, Peter Neubauer, Richard Dewey, and Forest Brown**. Manning the tables were **Ludwig Hill, Forest Brown, Jeff Brucker, Laura Wasylenki, Richard Dewey, and Tim Tablada**. **Peg Davis** taught an Orange level clinic, though the only taker was Laura. **Laura** went on to complete her first Green course the next day. Investing in orienteers pays! Bag pickup was handled by **Tim Tablada, Peter Neubauer, Forest Brown, Laura Wasylenki, Max Suter, Erik Ringnes, Damian Green, Rick Eastman, and Ludwig Hill**. THANK YOU to the volunteers for making this event a great success!

And the Champs are:

Place	Class	Competitor
1	F18+	Matleena Ojapalo
1	M35	Max Suter
2	M35	Jeff Brodsky
1	F35	Peg Davis
1	M50	Jeff Brucker
2	M50	Mark Parsons
3	M50	Jim Thompson
1	F50	Pat Penn
2	F50	Margrit McIntosh

(COURSE RESULTS ON PAGE 6)



Red Course

ASC					Total
Rank	Class	Competitor	Day 1	Day 2	Time
1	F18+	Matleena Ojapalo	01:04:14	01:09:59	02:14:13
1	M35	Max Suter	01:06:18	01:08:31	02:14:49
	Open	Dan Felitsky	01:11:44	01:04:25	02:16:09
2	M35	Jeff Brodsky	01:28:35	02:35:13	04:03:48
	M35	Forest Brown	02:00:26	DNS	
	M18+	Morten Bostrom	DNS	00:46:00	
	Open	Erik Ringnes	DNS	01:24:45	
	Open	Damien Green	DNS	02:13:40	
	M35	David Marks	DNS	02:29:30	
	Rec	Windy Marks	DNS		

**Green Course**

1	M50	Jeff Brucker	00:56:15	01:01:51	01:58:06
	Open	John Pascal	00:59:52	00:59:58	01:59:50
2	M50	Mark Parsons	01:07:42	00:56:28	02:04:10
3	M50	Jim Thompson	01:05:18	01:02:27	02:07:45
1	F50	Pat Penn	01:24:45	01:24:02	02:48:47
	Open	Peter Neubauer	01:42:00	01:27:58	03:09:58
1	F35	Peg Davis	01:52:08	01:36:29	03:28:37
	Open	Trish Krantz	02:19:05	01:41:22	04:00:27
2	F50	Margrit McIntosh	03:09:00	02:15:28	05:24:28
	Open	Laura Wasylenki	DNS	01:58:00	
	Team	Beauty &	02:14:40	DNS	

**Orange Course**

Open	Laura Wasylenki	01:42:05	01:58:00	03:40:05
Open	Lois Kimminau	02:56:00	02:12:54	05:08:54
Team	Team Tango2	01:51:18	DNS	
Rec	Team Gray	02:00:05	DNS	
Rec	Tim & Jeremy	DNS		

Yellow Course

Rec	Team Gray	01:09:45	DNS	
Rec	Bill and Jackson			
	Dennis	DNS	----	

White Course

Team	Team Tango	01:02:58	DNS	
Open	Mia Parsons	01:47:00	DNS	
Rec	Gail Brodsky	01:47:00	DNS	
Rec	Bill and Jackson			
	Dennis	DNS	----	

Motala Course

Rec	Sierra Adventure Racers		DNS	----
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Advanced Night-O Course

	Jeff Brucker	01:07:56
	Jeff Brodsky	01:13:45
	John Pascal	01:18:30
	Max Suter	01:26:40
	Dan Felitsky	02:26:00
	Forest Brown	DNF

Intermediate Night-O Course

	Peter Neubauer	01:03:19
	Trish Krantz	01:06:38
	Pat Penn	01:44:00
	Damien Green	01:50:38
	Laura Wasylenki	01:51:00



CLUB CALENDAR

2006	Location	Course Setter	Meet Director
Nov. 19	Catalina State Park	John Pascal (New Mexico)	Help needed!
Nov. 27	Newsletter deadline for December issue. See submittal information on page 2.		Lois Kimminau
Dec. 12	Business Meeting	Peg Davis Home. 7 p.m. Call Peg for directions (628-8985)	
Dec. 17	Kentucky Camp West	Paul & Pam Hoyt	Paul & Pam Hoyt
2007			
Jan. 21	Cat Mountain	Ludwig Hill	<i>Easy in-town meet for a new meet director!!</i>
Feb. 18	Kentucky Camp/Greaterville	Leif Lundquist	Barb Bryant

TSN Club meets are held regularly on the third Sunday of the month, year-round.

Experienced course setters are usually happy (with advance notice of about a month) to work with apprentices who want to learn to set courses. If there is enough interest, separate training for course setting can be organized.

Directing a meet consists essentially of setting up and supervising the Registration and Timing areas, with help from other volunteers. Teams of two are encouraged.

Please call Jim Stamm at 575-0830 if you can help with any of these meets.

For Skiers!

2007 Sierra Ski-O Week Preregistration Has Begun.

You can now preregister for the 2007 Sierra Ski-O Week by going to the Bay Area O Club Web site (<http://www.baoc.org>). Seven days of Ski-Orienteering including two days of the U.S. Ski-Orienteering Championships are coming up from January 27 to February 4, 2007. This is the first ever week of ski orienteering in the US.

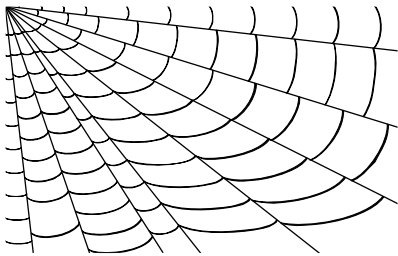
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Address Service Requested

**Nothing could be keener
Than an O at Catalina
In the morning.....
November 19, 2006**



Check out the Tucson Orienteering Club web site!
Type **<http://www.tucsonorienteering.org>**
Also, for links to all the West Coast club sites,
just type **http://www.geocities.com/o_sconet**
or for Pacific Region rankings, type
<http://go.to/pacreg>

Tucson Orienteering Club Membership Application

Check one: New Member Renewal Date on label _____
Check one: Individual (\$10) Household (\$15)
Name: _____ Telephone: _____
Address: _____
City, State, Zip: _____ E-mail: _____

Can you help staff a club meet? Yes, call me.

Members receive a monthly newsletter, have voting privileges and access to Club library,
and receive a \$5 discount per meet. Make checks payable to Tucson Orienteering Club
and send to P. O. Box 13012, Tucson, AZ 85732.