

March 2006

Kentucky Camp Two-Day March 18-19, 2006

March winds are blowing in a two-day meet at Kentucky Camp! The weather should still be cool enough to make this an enjoyable outing. There are many nice camping sites in the area, which is on National Forest Land, so camping (with no water or facilities) is possible on site. Nights will probably be cold, and campfires welcome, but with our dry weather, it is possible they will be restricted.

Scott Drumm (CROC) will set White, Yellow, Orange, Green, and Red courses for each day. The maps used were field-checked by TOC members in 2004. The map and terrain are among the best available in the Tucson area.

The terrain consists of grassy ridges and valleys on the east side of the Santa Rita Mountains. Some areas are covered with oak, mesquite, and juniper trees that range from forest density to widely-scattered. The terrain allows fast running most of the time. A few areas, especially on north-facing slopes, contain dense undergrowth, including catclaw. Many areas in the terrain show impacts from agricultural and mining activity.

Volunteers to help at the meet will be appreciated, particularly since it is a two-day meet. Please contact meet directors The Mudhens (Becky Copeland and Nadine Gruhn) at 884-9458 if you can help or have questions. It is possible to help out and compete on the same day. Control retrieval help is particularly needed on Sunday.

Attention Adventure Racers: The 'Tucson Motala' is a three-stage Navigation Race which will provide a diversified orienteering challenge to racers of all skill levels. The ~2k on-trail warm-up stage can be easily navigated. It will be followed by a navigationally interesting ~3.5k on/off trail stage. The third stage is longer (3-6k) and more navigationally challenging. (This is a navigation race only, no biking or water stages.) The maps are specially designed orienteering maps which offer a precise level of detail unseen on standard USGS topos. For all you adventure-racers out there, this new style of race will be a godsend. It will allow you to improve your navigational skills as a team or individual while competing with the peers you normally only see at the big races, at a modest cost. For those of you who are new to adventure racing, the ascending navigational skills required for the successive stages will allow you to gain valuable experience in a competitive environment, without having to commit to the travel and expense of a high-profile race.

The start window is 9 a.m. to 9:30 a.m. only. An optional beginners' clinic is taught at 8:30 to familiarize you with orienteering terms and practices. Costs for Tucson Orienteering Club members are \$10/person + \$5/each additional team member; nonmember cost is \$15/person + \$10/each additional team member.

Directions: From Tucson, take I-10 East to the intersection with Highway 83. Exit and take 83 south toward Sonoita for 20+ miles to Gardner Canyon Road (i.e., Forest Road 92) and turn right (west). The turn-off to this road is signed. Go west 0.8 miles to find Forest Road 163 on the right. Take Road 163 2-4 miles, passing through the private section, and follow orange and white signs to the meetsite.

Continued on page 2

Continued from page 1**Schedule (both days):**

8:30 a.m. Registration opens. Beginners' clinic starts.

9:00 a.m. Courses open.

11:00 a.m. Last time to start a course.

1:00 p.m. Courses close. Orienteers must check-in at the finish by this time. Begin control retrieval. Volunteers to help with this will be appreciated.

Fees: \$5/individual, \$8/team for members of any recognized orienteering club. \$10/individual, \$15/team for nonmembers. Compasses rent for \$1. Safety whistles sell for \$1. Every person, all courses, is required to carry some type of safety whistle.

Check-In: To make sure that all are safe, everyone, whether finished with the course or not, must check in formally at Start/Finish before leaving the meet site.

Newcomers: Go directly to Registration. Ask for instructions and introductory information. To attend the beginners' clinic, arrive between 8:15 and 8:30 a.m.

Route Choice Reviews: Between noon and 1 p.m., an advanced orienteer will be available near the Start/Finish area to discuss route choices with returning participants.



Don't forget your Gaiters!

Newsletter Printing

Did you notice anything different about your February newsletter? It was printed on 11 x 17 paper, stapled in the center, the addresses were printed directly on the newsletter rather than labels, and it was mailed from Sarasota, Florida.

A company that specializes in printing and mailing newsletters contacted us, and we decided to give it a try. We were pleased with the results, and also the efficiency in getting it in the mail overnight. Therefore, we have decided to give it a trial run of six months, and then either make it permanent or go back to the old method, which is much less efficient.

In the past, I have typed and laid out the newsletter, made a hard copy, and taken it to the copy company for printing. Jeff Brodsky, membership chair, has printed out a set of labels, which he had to bring to me or to the Kirbys. Phil and Ruth Kirby (and others before they volunteered) picked up the newsletter after copying, folded, labeled, stamped, and mailed them.

With the new company, I prepare the copy and e-mail it to the printer. Jeff Brodsky sends me a merge file of the information for the labels, which is attached to my e-mail. Creative Technology of Sarasota does all the rest.

Please let us know if you have any comments, negative or positive.

A big thank-you to Phil and Ruth Kirby. We're putting you out of a job, at least for this trial period, but we want you to know we really appreciate all your work the past few years.

E-mail Discussion Group

Tucson Orienteering Club has its own discussion group. It is maintained as Tucson "O" Club by Topica, and is an e-mail based service. You must be subscribed before you can read or send messages.

To subscribe, send a blank message to: TucsonOrienteering-subscribe@topica.com. To send a message, simply address it to: TucsonOrienteering@topica.com. It will then go to all the list subscribers. To unsubscribe, see the Unsubscribe link at the bottom of any message.

For more information about this list, visit: <http://www.topica.com/lists/TucsonOrienteering>. Any problems, questions, or concerns can be sent to Jim Stamm, the E-Group Moderator, at JimStamm@ComCast.net.

Annual Meeting

We are now required to hold an Annual General Meeting due to changes requested by the U.S. Orienteering Federation. It has been proposed that we hold the 2006 meeting during a potluck between Sprint events at Lincoln Park on Saturday, May 20th.

Would you be interested in setting a sprint event? This is a short (around 3 k) Orange-level course. What a lovely way to begin course setting, eh? Contact pegdavis@u.arizona.edu for more details or to volunteer.

Correction

Jeff Brucker has requested a correction to the results for the December meet at Catalina State Park. Because he had vetted the course, he was running it "Recreational." He was shown as "3M" on the Red course, but that place should have gone to Max Suter. Thank you for your honesty, Jeff.

Newsletter Submittals

The deadline for newsletter items is shown in the monthly calendar. Please try to meet the deadline, or call the editor if there is a problem. All members are invited and encouraged to send informational or opinion articles on any orienteering topic.

Phone: (520) 296-2108

Fax: (520) 290-8071

E-mail: loiskim@aol.com

US mail: 10633 E. Mary Stephey Place
Tucson, Arizona 85747.

Lois Kimminau, Editor

Greaterville, February 19, 2006

—*Barb Bryant*

We were fortunate to orienteer for the first time on the new and excellent Greaterville map.

Thanks to helpers **Pete Cowgill, Leif Lundquist, and Mark Everett** at the timing table. **Judy Cowgill** was invaluable at the registration “table.” (*Table broke.*) **Peg Davis** ran the Beginners’ Clinic. **Jim Stamm** arranged the permit.

Course setter **Leif Lundquist** made the map, preprinted the controls on the map, hung the controls, provided assistance at the meet, and brought the controls back to town. **Jeff Berringer** did his usual Treasurer thing. **Ludwig Hill, Mark Parsons, Coyote, Mark Everett, and Team Tubac** picked up controls. Thanks so much, everyone.

When I returned to Tucson, I went to the wondrous main library to find a book listing hikes in the area. Pete Cowgill was the author of the book I found. I wondered if it could possibly be the same Pete. (It was!)

It is always a pleasure to be in Tucson instead of Boston for a few days in February. Thanks especially to Peg for housing me!

Adventure Racers

1T	ARC	32:00
1W	Adolfs	34:55
2T	Ruination	78:00

White

1T	Team Neill	64:05
2T	Stonecutters	123:50
3T	David & Corinna King	124:07

DNF Losers

Orange

1T	ARC	69:47
2T	Free Rangers	86:55
3T	Team Coda	99:15
1M	Hwayoung Kim	101:49
2M	Jim Stamm	115:50
3M	Michael Rule	125:08
4T	Aaron & Sue Pratt	140:26
5T	Anabel & Rick	141:13
1W	Gee Gee Larrington	144:25
2W	Lois Kimminau	161:05
6T	Kay & Dan	180:20

DNF Coyote

DNF Jen Adolfs

DNF Tango

DNF Mike Thompson

DNF Dianne Haselfeld

Green

1M	Mark Parsons	71:47
2M	John Little	85:28
1W	Peg Davis	102:30
3M	Mike Keating	107:33
4M	Larry Lamb	108:53
5M	Jeff Beringer	120:30
6M	Michael Gurevitch	120:42
1T	King	135:06
2W	Pat Penn	138:08
3W	Beckie Copeland	154:15
4W	Nadine Gruhn	165:15
2T	Beauty & ...	177:20
5W	Margrit McIntosh	194:15

Red

1M	Mark Everett	69:40
2M	Ludwig Hill	79:50
3M	Max Suter	85:01
4M	Don Fallis	90:23
5M	Glen Haselfeld	103:41
6M	Jeff Brodsky	116:31
7M	Paul Hoyt	128:47
1T	Team Tubac	140:02
1W	Pam Hoyt	154:18

Land Navigation Class

Greater Phoenix Orienteering Club (GPHXO) is offering a spring course on Land Navigation April 6 and 8, 2006. Master the use of topographic map and compass to travel through the wilderness with skill and confidence. This class is an evening in-town session, then a full day in the field at a site near the town of Superior. This class is designed for adults and is a very intensive, hands-on program. Students walk four to five miles, with day packs, learning and practicing land navigation methods and techniques. Dinner at the classroom session, plus breakfast, lunch, snacks, and dinner at the field session, will be provided. Students provide their own Silva Ranger 15 CL (or similar) 360 degree compass. A Silva compass may be rented for \$5.

Cost is \$100. Check their website for a brochure, which includes the application form. The website is: <http://www.phoenixorienteering.org>.

Election of Officers

At our May annual general meeting (mentioned elsewhere), officers will be elected. We are currently lacking the following officers:

Publicity/Education Chair: Prepares news releases; distributes information to appropriate media outlets. Coordinates educational services. Answers requests for information about the club. This job can be as large or small as you would like it to be.

Equipment Chair: Stores, maintains, and replenishes club equipment and supplies at Grant & I-10 storage facility; keeps up-to-date inventory. For each meet, provides materials to meet directors four to seven days in advance; assures timely return of materials. Notifies President of equipment needs. Since the recent reorganization of equipment by Jeff Brucker, this has become quite streamlined.

This Club is what the members make it, and it takes a lot of active members willing to give some of their time and talents to keep it going. In addition to the positions above, any member can volunteer for or be nominated for any other position on the board. If you are interested in a particular position, let it be known. The incumbent might be relieved to let someone else do it!

Orienteer Without a Clue

—Jeff Brodsky

Sometimes even an experienced orienteer makes really dumb mistakes. What makes the difference is how you deal with the mistake. In my case, the mistake this time (the February meet) was to run off away from the Start missing one of three key items. As you can guess, I didn't get my clue sheet – making me the Orienteer Without a Clue.

The three key items (other than equipment such as a compass and whistle) are: 1) Map with controls correctly marked (a discussion item for another day), 2) punch card with your name and start time clearly marked, and 3) clue sheet. The clue sheet has the course control codes, location hints, and water stops identified. Very important when the controls are hidden, difficult to find, or if you “find” controls from other courses on your orienteering journey.

I started my run going uphill, as quick as I could. I am competitive, after all. Halfway to my first control I was thinking ahead (like I should), and wanted to know what control code I was heading for. That's something I typically do – identify the next control code and clue **before** I get there. Well, I looked at the map, front and back, then realized I didn't get a clue sheet and the clues were not printed on the map like they often are. Me bad. Not the fault of the Start table, Registration, nor the Meet Director. It's the runner's responsibility to ensure you have the items you need (in addition to your equipment). So, I had a choice of going back down the hill, getting the clue sheet, and re-climbing the hill. Not appealing. My first thought after “You Idiot!!!” was “This will be interesting.” And it was!

So I marched on. I realized I had better be very careful. Stay on the map. The Red course I was on had 17 controls, and looked longer than normal. Hit the first one just right. Then the second one. Feeling pretty good. Bagged the third right on the money. Heading toward the fourth – in my head I was thinking that I better not get cocky. Things were going too well, weren't they? Control 4 was mapped on the side of a wide, flat spur. And here was a control, under a tree, with water, close to the high point of a wide spur. Not really on the side, but within the circle. Was I being too over confident? Was this someone else's control? Was my control really down over there? Damn, that clue sheet would tell me. I looked around, but decided this was it and punched. On to the next (but kept an eye out in case that Leif was being devious).

Found 5, 6, 7, 8, 9, 10, and 11. Getting very tired now. Slipped on a loose rock and fell hard climbing out of 11. Ouch, that hurt. Found 12, 13, 14, 15, and 16 right where they should be. Only one more. Not overly confident, just plain tired. And that's when things fell apart.

The 16 to 17 route had me going along a road, and hanging a right under the power line. Uh, the **FIRST** power line. Not the one I saw in the distance. I ran too far to the second power line, hung a right, and exactly where the control should be, it wasn't. Would the clue sheet have helped? I don't think so. I simply made a bad orienteering error – moving fast, nearing the end of a long (6 miles) course, I lost contact with the map. Simply put, on that road, I was a runner without a clue **AND** a clue sheet. Well, after about 4 minutes of wandering in circles and seeing the different power lines, I figured it out and got control 17. Then ran back in as fast as my tired feet would carry me.

Lessons learned: You've got to go slower, read the map features very carefully, and stay on the map. That means know where you are relative to the map at all times. There is no room for any errors of any magnitude, to be sure. It also helps a lot to have a great map (thank you, Ludwig and the Greaterville team) and a properly set course (thank you, Leif).

Did I win the event? No. But I never do as I am just not fast enough. Did I get all the controls? Yes (at least I think I got the right ones). More importantly, did I have fun? You bet. Might even want to schedule an event without clue sheets for everyone!!

I certainly hope you can learn from this writeup. And don't be reluctant to write in about your own mistakes and what you've learned from it. Happy Orienteering !!

Other comments on Greaterville:

I noticed more people running different courses criss-crossing in front of me and converging on controls than in any other meet that I have participated in. I thought it was cool seeing and feeling the field in action.

—Jim Stamm

Careful reading of the Green course map revealed Leif's gentlemanliness by leading us twice through fences at gates on the way to controls. My favorite was the second gate because Larry Lamb opened it, then held it for me while I walked through. *P.S. “Leif” rhymes with safe, not grief or strife.*

—Peg Davis

Also make sure you have the right clue sheet. I tried to navigate the Orange course with a Red clue sheet a few months ago. It didn't work too well.

—Lois Kimminau

CLUB CALENDAR

2006	Location	Course Setter	Meet Director
Mar. 18-19	Kentucky Camp	Scott Drumm (CROC)	The Mudhens
Feb. 27	Newsletter deadline. See submission information box on page 2.		Lois Kimminau (296-2108)
Apr. 16	Empire Ranch (Rogaine?)	HELP!!	HELP!!
May 20	Lincoln Park Night-O (Club meeting/picnic??)	HELP!!	Patricia Townsend
June 16-18	Mogollon Rim or White Mt. Event	John Maier	
July 16	Greasewood Early-O		
Aug. 19-20	Lake Mary--State Championships	Ludwig Hill	Richard Dewey (GPHXO)
Sep. 17	Palisades Ridge		
Oct. 14 & 15	Slavin Gulch	Max Suter	
Nov. 19 Dec. 17	Catalina State Park Kentucky Camp West	<p>Coursesetters: Look at all these great sites to pick from! Pick your date and site and call Jim Stamm (575-0830) to make it official.</p> <p>Meet Directors: You can get your choice of date and site if you sign up early. Call now.</p> <p>We need ALL of you to make this a successful orienteering club, and a successful orienteering season.</p> <p>VOLUNTEER NOW!</p>	

(For information on Greater Phoenix Orienteering Club events, check their website at <http://www.phoenixorienteering.org>.)

TSN Club meets are held regularly on the third Sunday of the month, year-round.

Experienced course setters are usually happy (with advance notice of about a month) to work with apprentices who want to learn to set courses. If there is enough interest, separate training for course setting can be organized.

Directing a meet consists essentially of setting up and supervising the Registration and Timing areas, with help from other volunteers. Teams of two are encouraged.

Please call Jim Stamm at 575-0830 if you can help with any of these meets.

2005-2006 TUCSON ORIENTEERING CLUB OFFICERS AND BOARD

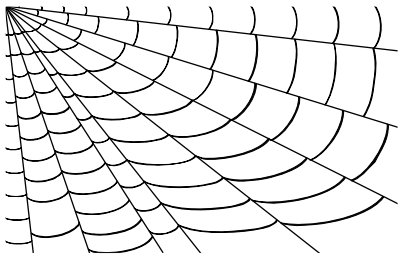
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Tucson Orienteering Club
P. O. Box 13012
Tucson, AZ 85732

Kentucky Camp

March 18-19, 2006

Address Service Requested



Check out the Tucson Orienteering Club web site!
Type **<http://www.tucsonorienteering.org>**
Also, for links to all the West Coast club sites,
just type **<http://go.to/sconet>**
or for Pacific Region rankings, type
<http://go.to/pacreg>

Tucson Orienteering Club Membership Application

Check one: New Member Renewal Date on label _____

Check one: Individual (\$10) Household (\$15)

Name: _____ Telephone: _____

Address: _____

City, State, Zip: _____ E-mail: _____

Can you help staff a club meet? Yes, call me.

Members receive a monthly newsletter, have voting privileges and access to Club library,
and receive a \$5 discount per meet. Make checks payable to Tucson Orienteering Club
and send to P. O. Box 13012, Tucson, AZ 85732.