

February 2008

February 23-24: Trail-O, Classic Courses and a Sprint!

—Leif Lundquist

Welcome to the **Western States Orienteering Champs**, where we will have a wider than usual range of courses and events over three days. It begins with a Trail-O on Friday at Arthur Pack Regional Park. For more information see the Club website.

On the weekend the main event is at Kentucky Camp/Greaterville. It's a Club meet, but it's also a USOF A event. For recreational runners and beginners, there will be more than usual to choose from; for competitive runners there will not only be more to choose from, but also the chance to measure themselves against a larger field. All in two days of relaxed fun and showing off beautiful Southern Arizona to visitors.

On Saturday we'll begin with Classic courses in the morning: Blue (10.5 km), Red (7.8 km), Green (5.6 km), Brown (4.2 km), Orange (4.7 km), Yellow (2.9 km), and an easy White (2.5 km). In the afternoon we'll have the Sprint (3.3 km). On Sunday, John Maier will offer another complete set of Classic courses from Blue to White on a different area of the map.

The courses will be spread out over the whole Kentucky Camp/Greaterville map. The terrain is generally open with scattered trees and bushes, sometimes in groves; thorny thickets of underbrush may occur in smaller patches. The dry winter grasses may harbor some irritating, itching seeds that try to fill your shoes. Long pants and/or gaiters are recommended.

From the top of the ridges you can see forever, but the valleys are low, and there will be several interesting route choices during the Classic courses. During the Sprint, there is not too much up and down, but the controls will be placed low instead.

String-O: Kids of all ages are welcome to spend the morning in the String-O area. Supervision and activities will be provided.

Registration online is open at www.tucsonorienteering.org. On-site registration will be available with a \$5 surcharge.

Note: No entry fee for juniors under 18 – see website.

Directions: Drive East on I-10 to SR 83 (Exit 281 for Sonoita). Follow SR 83 south for 21 miles to Gardner Canyon Road (between mileposts 38 and 37); turn west and go 0.8 miles to FS 163. Turn right, drive 1.9 miles and take the right fork on FS 229 toward Box Canyon. Drive 0.4 miles to 2nd fork, turn left, drive 0.2 miles to 3^d fork, turn right, and drive another 0.6 miles to the parking area. Orange and white

signs will guide you from Hwy 83 to the start. *If you're not a U.S. citizen, bring some ID suitable for possible border patrol check points.*

Fees per day: See website for event fees. Compass rental: \$1. Safety whistles to keep: \$1. Every person, regardless of course, will be required to carry some type of safety whistle.

Maps: Pre-printed for each course, scale 1:10,000.

Schedule, Saturday:

9:00 a.m. Registration opens.
9:30 a.m.-noon. String-O course is open.
10:00 a.m. First start, Classic courses
1:00 p.m. Classic Courses close.
3:00 p.m. First start, Sprint.
6:00 p.m. Dinner – Grill space and mesquite fire provided. Beverage and a limited supply of food will be available for a donation.

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Should I Attend the A Meet?

—Jeff Brodsky

Schedule, Sunday:

8:00 a.m. Registration opens.
 9:00 a.m. First start, Classic courses
 9:30-11:00 a.m. String-O course is open.
 12:00 Noon Classic Courses close.
 1:00 Awards ceremony

Control retrieval both days: Please volunteer with the meet director!

Check-In: To insure that all are safe, every runner, whether finished with the course or not, must check in at the Finish before leaving the meet site.

Newcomers: Go directly to Registration. Ask for instructions and introductory information. Ask for Beginner's clinic times.

Route choice reviews: Orienteers love to talk about alternate routes and their advantages and disadvantages. If you would like to discuss your choices, there will be advanced orienteers available near the Start/Finish area.



A-Meet Training Sessions

The coaches for the US Orienteering Team (Tom Hollowell and Eric Bone) will be organizing some training sessions in Tucson the Thursday and Friday before our A-meet (Feb. 21-22). The exact details of the training are still to be determined, but the focus will be on technique and the sessions are open to anybody, not just team members. To indicate interest, please sign up on Attackpoint here: <http://attackpoint.org/eventdetail.jsp?eventid=2004> so that, among other things, Tom and Eric can make sure to have enough maps for everybody.

If you're interested in hosting some Juniors or intercollegiate competitors of the "poor college student" variety for these nights, contact Peg at pegdavis@u.arizona.edu.

The upcoming A Meet, to be held in a few weeks, is a big deal. Competitors from all over the US and Canada have already signed up to participate. Many of our occasional, recreational, and/or noncompetitive orienteers are likely to be confused and, well, put off by all of this activity. Let me share some thoughts—with the aim of having you come out to play on February 23 and 24 with everyone else.

First off, this is a special meet. We, the Tucson Orienteering Club, are hosting the Western States championships AND the US Intercollegiate championships. The winners of our event categories will be declared the "best of the west."

Secondly, because this is a sanctioned A Meet, there are many, many categories—not only for the courses to run (White, Yellow, Orange, Brown, Green, Red, and Blue), but for each of the age groupings. People from age 12 to over 75 have registered.

Next, we are going to use ePunch for the very first time at a Tucson event. This technology replaces the holes in the paper technique we normally use, and lets a computer quickly calculate scores, and gives you, the participant, detailed times between each and every control. Very, very cool.

Let's not forget the colorful uniforms (yes, many teams have their own uniforms) and running outfits. Yes, this A Meet is a big deal.

Ok, let me tell you about some rules of which you need to be aware:

- 1) There are no teams—everyone must go out as an individual.
- 2) Pre-registration on our web site is very important for the competitors. After February 3, the cost goes up from \$23 per day to \$28. On top of that, if you don't have an ePunch, you will need to rent one for \$3 per day. This is not a normal cost event for the competitors. We will attempt to accommodate people showing up at the event without pre-registration who want to compete for scores.
- 3) Final scores are a sum of both days, so competitors have to run on both Saturday and Sunday.

4) We, your Tucson Orienteering board, recognize that the competition and cost might dissuade you from attending. Still, we want you to participate and get out on the course. If you show up on Saturday and/or Sunday (hopefully for both days), you can go out on the course at our normal fee rate (\$5 for members, \$10 for non-members), but your scores will not qualify for the championships or 2008 A meet ranking. Sorry, no teams. Participation under this scenario is strictly recreational.

We will also be having some very nifty shirts made up just for this event, so stay tuned on that!! Hope to see a big Tucson turnout.

E-mail Discussion Group

Tucson Orienteering Club has its own discussion group. It is maintained as Tucson "O" Club by Topica, and is an e-mail based service. You must be subscribed before you can read or send messages.

To subscribe, send a blank message to: TucsonOrienteering-subscribe@topica.com. To send a message, simply address it to: TucsonOrienteering@topica.com. It will then go to all the list subscribers. To unsubscribe, see the Unsubscribe link at the bottom of any message.

For more information about this list, visit: <http://www.topica.com/lists/TucsonOrienteering>. Any problems, questions, or concerns can be sent to Jim Stamm, the E-Group Moderator, at JimStamm@ComCast.net.

Results from UA Sprints

—Peg Davis

On January 13, the weather was beautiful and the campus deserted as we used our map of the University of Arizona for the second time. We occupied the power position at the Old Main end of the mall for our start/finish. This meant that Mark Everett ended up on the speaker's platform for a deceleration zone as he blazed through the finish. I know he's going to come in at top speed; you'd think I'd plan a level surface for him by now.

Max Suter set a "classic" loop sprint to start us out. The second sprint was a 30 minute time limit Score-O following a form used in Davos, Switzerland, last year. While route choice at speed is one of the hallmarks of Sprint-O, this added the variable of control choice, too. But the time limit was tough: 25% of the players had penalty points subtracted. Esthetically, Max used some lovely little corners of the campus to stash controls. You may think you know the campus, but there are some nooks and crannies that might surprise you. Of course, there may be some new buildings and construction areas to catch you by surprise, too. One wonders if memories of the campus from previous years or centuries are a help or a hindrance when using an unlabeled map.

Kudos to the Rickel family. All seventeen of them. OK, all five of them ran the first event and four ran the second event.

I leaned on all my old buddies for help at this meet. By jumping in a week before the meet to direct, I didn't have time to call new people to volunteer. Next time, don't be shy. It's OK to call any meet director, stranger or not, to volunteer an hour.

My appreciation to the people who gave some time on Sunday. **Jeff Brucker** taught the beginner's clinic. **Pam Hoyt, Paul Hoyt, and Melissa Trout** handled registration. Timing was covered by **Mark Everett**. Controls were retrieved by **Art Cantrell, Mark Everett, John Maier and Leif Lundquist**. Course setter **Max Suter** hung around the start the whole meet with information, explanations, materials, and citrus fruit. Thanks, Max, for designing some fun courses which pushed us all a little higher on the national sprint series rankings. Check out just how high you're floating at: www.sprintseries.org

While you're there, take a look at our little friend who wasn't at the meet. Cristina Luis, a Tucsonan despite her DVOA affiliation, is ranked as first woman in North America.

Boojum Sprint

1M	Mark Everett	14:18
2M	Jayson Rickel	17:12
3M	Don Fallis	18:42
4M	Jaxon Rickel	19:12
5M	Ludwig Hill	19:54
6M	Wolfsong	20:38
7M	Leif Lundquist	22:29
8M	Jeff Brodsky	25:06
9M	Jeff Brucker	25:58
1T	Too Young To Feel This Old	26:18
2T	Mike & Mike	31:38
1F	Peg Davis	33:08
2F	Kay Mathiesen	34:15
1B	Pat Penn on Bike	37:02
3T	Koenig & King	37:36
10M	Michael Rule	37:50
4T	John and Johnathan	40:43
3F	Jodi Rickel	42:00
5T	Team Rhino	43:53
4F	Lois Kimminau	52:35
6T	Angie & Kim	55:17
7T	Young Guys	59:42
	Mia & Mommy & Daddy	*
	Melissa Trout	MSP

*misrecorded

Davos in the Desert Sprint

		Points	OVT Penalty	Time
1M	Mark Everett	450		17:16
2M	Don Fallis	450		24:11
3M	Ludwig Hill	450		24:36
4M	Jaxon Rickel	450		26:51
5M	x Wolfsong	450		27:06
6M	Leif Lundquist	450		27:42
7M	Jayson Rickel	450		28:58
1T	Too Young To Feel This Old	390	-60	31:14
8M	Jeff Brodsky	360	-90	32:41
9M	John Rickel	280		29:08
1F	Peg Davis	280		26:13
2F	Jodi Rickel	280	-30	30:40
10M	Michael Rule	240		28:05
1B	Pat Penn on Bike	240		27:52
3F	Lois Kimminau	140		29:35
2T	Lemieux Team	30	-420	43:20

Correction

Pam Hoyt's score in the Advanced Sprint O at Arthur Pack was omitted from the results in last month's newsletter. Her time was 13:08, which would have placed her 1F. (Sorry, Peg.)

GPHXO Weekend at Bomboy Mine in the Tonto National Forest February 9 & 10, 2008

The Greater Phoenix Orienteering Club will be having a weekend of orienteering events on the second weekend of February 2008.

Saturday, we will have a regular 24 point Score "O" in the morning for a good warm-up. A White (novice) course will also be available. That afternoon we will offer our second ever Bike "O." We welcome input from bikers before we set the course. The course is planned to be a long distance course with winning completion times of 90-120 minutes. Please email Pat Abbott with your contributions.

On Sunday we will have our first ever Black & Blue "O" for the more extreme or adventurous orienteers. We picked the name Black & Blue because we wanted to have a classic course that was at least twice as long as any Blue course that we have ever had. Expect a 20-22km course with 22 control points—competitors may skip two points. We also request that everyone preregister within 7 days of the meet. White and Yellow courses will also be available.

Registration fees are per course. Club Members \$5 for individual and \$8 per team; nonmembers \$10 for individual and \$15 per team. Add \$5 for the Black and Blue course.

Again, preregistration is strongly urged for the Black and Blue course as the maps have special printing requirements. There will be a \$2 surcharge for day-of-event registration for the Black and Blue. Contact Mike Franklin to preregister: jfranklin31 at cox.net

Registration begins at 9:00 a.m. on Saturday and 8:30 a.m. on Sunday.

There is unlimited free primitive camping at the site. Motels are also available in the area.

Directions to the meet site for Bomboy Mine : Take the Superstition Freeway east through Apache Junction, towards Globe. About .4 miles past milepost 222 and immediately after crossing the Queen Creek bridge, turn left onto Hewitt Station Rd (Forest Road 357). If you reach the Boyce Thompson Arboretum you have gone a half mile too far! Cross the cattle guard and continue straight ahead. After about 1.5 miles on FR357, you will cross a wash with two 15 foot high drainage pipes under the railroad tracks on the right. Turn right on to FR 252, which is .2 mile after the wash. Our site is about ¾ mile down the road, at a road junction. Look for an orange and white orienteering bag or orange cone at the last turnoff and at our site.

The 2007 Stinks of O

—Peg Davis

The old year has ended. What stunk about it? The months of May and September didn't have an event. Some of it was due to miscommunication and natural disasters, but most was due to a lack of setters and directors.

If your name was not on one of the lists above, perhaps this year's resolution should be to make the 2008 list. Several meets during 2007 just barely squeaked through; the October meet, which was rather wonderful, came together with a setter, director, and vetter in a 15-minute discussion just before the newsletter deadline.

What was the worst meet of the year? For a director, it was probably November. After directing both Saturday and Sunday at Catalina, Chris Capurro then got to start a search and rescue party and wait around an extra three hours for two overtime teams.

So, here's to 2008. May it be filled with sainthood and devoid of stinkhood.

The 2007 Saints of O

—Peg Davis

The old year has ended. Let us look back at what we have to be grateful for. How about course setters and meet directors? That's a good place to start. Here are the people who jumped forward, or were pushed, and made our events happen each month, some of them more than once and some of them for more complex events than others.

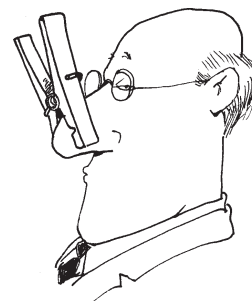
Course setters: **Ludwig Hill (3), Leif Lundquist, Jeff Brucker, Don Fallis, Peg Davis, Cristina Luis, Scott Drumm, and John Pascal.**

Meet directors: **The Poes (2), Peg Davis (2), Pat'n'Margrit, Barbara Bryant, Rick Medina, Kay Mathieson, the Cowgills, and Chris Capurro.**

There is one more list that qualifies for sainthood: the people listed on the last page in the Board of Directors. While you may not know exactly what duties each of those people perform, I can assure you that as president, I give them lots of work.

And to anyone whose name appears on more than one list: pass directly to "GO" and collect \$200. You're a supersaint.

APPLAUSE!



CLUB CALENDAR

2008	Location	Course Setter	Meet Director
Feb. 23-24	A Meet at Kentucky Camp/Greaterville	Day 1: Leif Lundquist Day 2: Jeff Brucker	Max Suter
Mar. 1	Newsletter deadline. Send info. to Lois Kimminau at loiskim1 at cox dot net.		
Mar. 16	Ironwood	Ludwig Hill	
Apr. 20	Slavin Gulch		
May 17-18	White Mountains		

Lots of spaces here for your name!

Pick your site to set courses or to meet direct and call Jim Stamm. Meet sites can possibly be changed, if you want to set a particular type meet at a particular place. Talk to Jim (575-0830).

TSN Club meets are held regularly on the third Sunday of the month, year-round.

Experienced course setters are usually happy (with advance notice of about a month) to work with apprentices who want to learn to set courses. If there is enough interest, separate training for course setting can be organized.

Directing a meet consists essentially of setting up and supervising the Registration and Timing areas, with help from other volunteers. Teams of two are encouraged.

Please call Jim Stamm at 575-0830 if you can help with any of these meets.

Anza-Borrego Meet

A group of our TSN members attended the meet at Anza-Borrego on Martin Luther King weekend (January 19-21). This meet is put on annually by the San Diego club and always draws a large crowd.

In the Sprints, Max Suter was 15th, Cristina Luis 18th, and Ludwig Hill 24th.

In the Maze-O (Score-O), John Maier placed 10th, Jeff Brodsky 20th, and Ludwig Hill 34th.

The Scavenger Score-O was held on the last day, and Ludwig Hill placed 2nd, John Maier 14th, and Peg Davis 16th.

Newsletter Submittals

The deadline for newsletter items is shown in the monthly calendar. Please try to meet the deadline, or call the editor if there is a problem.

All members are invited and encouraged to send informational or opinion articles on any orienteering topic.

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E-mail: loiskim1@cox.net

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Lois Kimminau, Editor

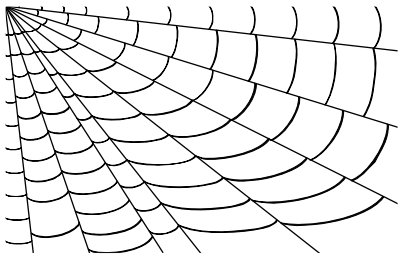
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Address Service Requested

Kentucky Camp/Greaterville A Meet 2008 Feb. 22-24, 2008



Check out the Tucson Orienteering Club web site!

Type <http://www.tucsonorienteering.org>

Also, for links to all the West Coast club sites,

just type http://www.geocities.com/o_sconet

For the Rolling Rankings of the United States Orienteering Federation (USOF), go to <http://www.usof-rankings.org/>, or for the US Orienteering Sprint Series, <http://www.sprintseries.org>.

Tucson Orienteering Club Membership Application

Check one: New Member

Renewal

Date on label

Check one: Individual (\$10)

Household (\$15)

Name:

Telephone:

Address:

City, State, Zip:

E-mail:

Can you help staff a club meet?

Yes, call me.

Members receive a monthly newsletter, have voting privileges and access to Club library, and receive a \$5 discount per meet. Make checks payable to Tucson Orienteering Club and send to P. O. Box 13012, Tucson, AZ 85732.