



November 2009

National Orienteering Day Catalina State Park

—Ludwig Hill

On November 15, 2009, orienteers of all skill levels will enjoy five classic courses and an adventure race motala on a brand-new, just recently field-checked map at Catalina State Park in the western foothills of the towering Catalina Mountains. If you haven't been to Catalina State Park lately, you haven't any idea how good this new map is and what a joy it is to navigate!

National Orienteering Day festivities will include a free beginners' clinic at 8:30 a.m., free draw prizes, and discounted events for first-timers. Club members will be able to register through express check-in.

Each of the six orienteering courses set for us by **John Pascal** of NMOC (thanks, John!) will trek through awesome terrain and provide challenges and fun at a specific skill level. The White course, which follows mostly trails, is ideal for youngsters and anyone who isn't comfortable with reading a road map yet. The Yellow course, which takes you off the trails but follows helpful linear features, is a good course for the beginning adult. The Orange course, which takes you out "into the forest," is for the orienteer who is very comfortable with off-trail travel on topographic maps and has intermediate orienteering skills. The Green and Red courses, which can take you into difficult, complex, and ambiguous terrain, are only for orienteers with advanced skills (the Red is longer in distance than the Green), and the Tucson Motala (explained below) is for the advanced orienteer who wants to go the ultra distance.

There will be tall weeds and grass seeds to contend with, so be sure to wear leg protection. The color map for all courses will be 1:10,000 scale with a 5m contour interval.

The meet directors are Margrit McIntosh and Pat Penn. Call Margrit at (520) 300-0555 or e-mail memcinto at gmail period com if you have questions about this meet. Please offer to help out with registration, timing, or control retrieval. The fees collected at each event only cover the costs for permits, insurance, transportation, map printing, supplies, and equipment used at the event. They don't cover planning, organizing, or running the event. It is only through the generous volunteer effort of us club members by which these events can happen!

Motala: The Tucson Motala is a three-stage course that will test and develop both your navigation and endurance skills. The stages may be run in any order desired and consist of ~3-4k on/off trail loop (or "Yellow" loop), a more navigationally challenging ~4-5k off-trail loop (Orange), and a more difficult ~5-6K off-trail loop (Red). We recommend that you start the first stage by 9:15 a.m. The latest time to start the last stage is 11:30 a.m. (Red loop), 11:45 a.m. (Orange), or 12 noon (Yellow). Motala fees for members of the Tucson or other recognized orienteering club are \$10/person + \$5/each additional team member for each event. Nonmember fees are \$15/individual + \$10/each additional team member for each event.

Directions: The entrance to Catalina State Park is located on Oracle Road (AZ 77), six miles north of the intersection of Oracle Road and Ina Road. If you come on I-10, take Exit 248 and drive east on Ina for five miles to its intersection with Oracle. Visitors from Phoenix, take the Pinal Parkway to Oracle Junction; from there, it is approximately 10 miles southbound on AZ 77 to the park entrance. After you enter the park, go past the turn to the campground and take the first left. Continue past three parking areas and look for the shelter on the left. The State Park charges a day use fee, about \$6 per car. The trip time from Tucson to the event site is about 30 minutes.

Fees: Classic courses: \$5/individual, \$8/team for members of any recognized orienteering club. \$10/individual, \$15/team for nonmembers. For motala fees, see the special section above. Compasses

Club Schedule

November 15, 2009

Catalina State Park
Course Setter: John Pascal
Meet Directors: Pat Penn
& Margrit McIntosh

November 23, 2009

Newsletter deadline. See
submittal information on
page 2.

December 20, 2009

Cat Mountain
Course Setter: Cristina Luis
Meet Directors: Brad &
Yvonne Poe

January 19-22, 2010

Various locations
Coordinator: Cristina Luis

January 23-24, 2010

Ironwood Park
Course Setter: Leif Lundquist
Meet Director: 1/23--Jeff
Brucker
1/24: Pete & Judy Cowgill

February 21, 2010

Empire Ranch (Mini-Rogaine)
Course Setter: Jeff Berringer
Meet Director: Max Suter

February 28, 2010

Catalina State Park
Special Training Event
Course Setter: Ludwig Hill

Meets are usually held the third Sunday of each month. Pick the month that you would prefer and volunteer to set some courses or direct a meet.

Experienced course setters and meet directors are happy to mentor you if you are nervous about volunteering for the first time. Just call Jim Stamm at 575-0830 to volunteer.

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Officers and Board 2008-2009

President	Peg Davis pegdavis@u.arizona.edu 628-8985
Vice President	Jeff Berringer jaberringer@earthlink.net 512-4685
Secretary/Treasurer	Jeff Berringer jaberringer@earthlink.net 512-4685
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Schedule Coordinator	Jim Stamm jimstamm@comcast.net 575-0830
Map Librarian	David Barfield david77barfield@hotmail.com 514-5777
Equipment	Pat Townsend ptownsend@pima.edu
Permits	Jim Stamm jimstamm@comcast.net 575-0830
Webmaster	Yvonne Poe poe-y@att.net 398-9801
Publicity, Outreach, & Education	Brad Poe brad.poe@att.net 398-9801
Newsletter Editor	Lois Kimminau loiskim@aol.com 296-2108
E-Group Moderator	Jim Stamm jimstamm@comcast.net 75-0830

October Business Meeting

A meeting of the Board and interested members was held on October 7, 2009. The following topics were discussed, with some decisions being made.

- The North American Orienteering Festival is from June 26-July 21, 2010.
- Updating the UA campus map: We prefer to hire in-country, or even better, in-club for this project. \$1000 was budgeted for this project a year ago, but no details were attached. We need the boundaries and degree of detail, OCAD expertise and specs and amount of fieldwork described. Ludwig might be hireable for this project.
- The 2010 schedule: possibly a White Mountains event, if John Maier is available and interested. Jeff Brucker will direct the Saturday, January 23, Ironwood event.
- Treasury report: The May rogaime profit is not available. Jeff Berringer will look for a bank which will suit us better than BofA, which increased fees this summer.
- Display cases at Greasewood: Peg talked to the Parks & Rec employee responsible. Ludwig made a large color print of the map. Peg will pass it on to Parks & Rec laminated and with some club information for posting. It has not been determined if enquiries will be satisfied with maps sent out from Parks & Rec or the Club, or how the Club will provide the maps (Online sales? Free downloads?).
- Empire February mini-rogaime: Jeff Berringer will talk to Erik Ringnes of Phoenix about how to get a permit from BLM.
- January training week: In response to Cristina's first thoughts, Ludwig could help collect streamers from Arthur Pack, Peg and Jeff Brucker could house some visitors, and Brucker could streamer some close-in locations. A February training event is ill advised because of the crush of the Gem Show.
- Volunteers: More needed to attract and reward them. Methods of recognition, volunteer-only meets, other rewards discussed.
- Webmaster: Peg would like to see the Club become more website-based. It is not clear who's really in charge. It's going to take a high level of expertise to bring the website to a more usable level. While several people can add basic info now, some need more administrative access. The possibility of online purchases, such as pre-registration, selling maps or memberships were discussed, but no decisions were made.
- Outreach: Ludwig is organizing a few volunteers with lists of inactive members to contact. Phone or e-mail, he has written a script. He would need more info from Jeff Brodsky to be able to contact newbies. We talked about starting an "ambassador" program where club members who are the chatty sort would make an effort at every meet to talk to someone they didn't know as an effort to connect attendees to the club. We worry that we are perceived as snobby with a hard-to-enter "in" crowd. Nationally, Donna Fluegel is collecting information about any programs getting O into schools. No one at the meeting knew of anything like this happening in Tucson.
- National Orienteering Day is November 15. Cristina's offer to vet is accepted. 2-for-1 coupons will be given to first-time orienteers. Peg will come up with an initial design and distribution rules and the board will edit.
- Online registration: Peg feels this would be a great step forward for the club. Minnesota offers a \$1 discount for online registration and has a no-refund policy. Jeff Brodsky says an investigation of technical requirements and effort is needed. How would license numbers be collected? Can the waiver be paired with a credit card charge? How would this mesh with speed registration? Just how much time would this save at the meet site? Will it make life easier for the meet director?
- Modernizing: Peg heard a lot of good ideas this summer and would like the club to examine them. Some are: online preregistration, selling Greasewood maps online, not putting water out on courses, having hydration packs be the prize offered as volunteer and member appreciation awards, more utilization of website forums (example: carpooling), having a variety of email lists to suit different club purposes for discussions and announcements, developing regular low-key weekly training, developing an urban rogaime downtown, and only electronic newsletter distribution.
- The newsletter: Lois has trouble editing because of her travel schedule. We voted for the November and December editions to be the last offered as monthly and on paper. After that, newsletters will be quarterly and electronic only. Exactly what is appropriate to include in the newsletter was discussed and will need to be honed. Suggestions include recognition for volunteers, enjoying the ample size without paper restrictions, articles of general interest, and tips on orienteering techniques. The schedule should not be included, since it changes too much and is easily available on the website, including any changes that may need to be made.
- Publicity: Jeff Brucker has a program for making O info cards (like business cards), which we can keep on hand to pass out to anyone interested in orienteering.

Newsletter Submittals

The deadline for newsletter items is shown in the monthly calendar. Please try to meet the deadline, or call the editor if there is a problem. All members are invited and encouraged to send informational or opinion articles on any orienteering topic.

Phone: (520) 296-2108

Fax: (520) 290-8071

E-mail: loiskim1@cox.net

US mail: 10633 E. Mary Stephey Place
Tucson, Arizona 85747.

Lois Kimminau, Editor

Sweetwater Preserve Results

—*Jim Stamm*

On a beautiful, warm Sunday, October 18, 31 members set out on the trails of Sweetwater Preserve. Since this was a training event, no formal competition was involved. However, there were four individual participants and one team who located all 13 controls precisely (time in parentheses): **Ludwig Hill** (0:39); **Alexander Savine** (0.51); **Max Suter** (0.58); **Pat Penn** (1:15); **Jeff Brodsky, Gail Brodsky, and David Glass** (2:13).

Claudia Rickel barely missed the accuracy circle with one control (1:39), while **John Little** (1:15), **Peg Davis** (1:19), and **Margrit McIntosh** (1:56) all placed 12 x's within the correct circle.

Most of these other participants also had impressive maps:

Gregg Townsend	Jonathon Rickel	Sophie Lemieux
GeeGee Larrington	Cristina Luis	Danielle Lemieux
Matt Stamm	Mark Martin	Greg Stutz
John Rickel	Susan Wenberg	Jerry Ellan
Jaxon Rickel	Jim Haley	Chia-Chi Kua-Speck
Jodi Rickel	Wendy Haley	Jeff Brucker
Jared Rickel	Richard Lemieux	

Returnees were rewarded with cookies, compliments of **Gail Brodsky**, and donuts, compliments of **Cristina Luis**.

This was an easy event to set and direct, thanks to **Ludwig's** help in maps, forms, and web page presence. Also, thanks to **Gregg Townsend**, who collected all of the controls.

CATALINA STATE PARK IN NOVEMBER--Continued from page 1

rent for \$1. Safety whistles sell for \$1. Every person, all courses, all meets, is required to carry some type of safety whistle.

Schedule:

8:30 a.m. Beginners' clinic starts.

8:30-10:30 a.m. Registration.

9:00 a.m. Courses open.

12:00-1:00 p.m. Route choice reviews.

1:00 p.m. Courses close. Everyone must be back by then. Begin control retrieval (good orienteering practice).

Check-In: To ensure that all are safe, everyone, whether finished with the course or not, must check in formally at Start/Finish before courses close and before leaving the meet site.

Newcomers: Go directly to Registration. Ask for instructions and introductory information. To attend the free beginners' clinic, arrive between 8:15 and 8:30 a.m.

Route Choice Reviews: Orienteers love to talk about alternate routes and their advantages and disadvantages. If you would like to discuss your choices after you do the course, there will be advanced orienteers near the Start/Finish area who would enjoy going over your route with you.

January Training Week

Tucson Orienteering Club will sponsor a "training week" January 19-22, 2010, organized by Cristina Luis. Hopefully, it will draw orienteers from all over the country. Tucson has the weather at that time of year to make orienteering a pleasure, and many of the athletes are not so lucky to live in a similar climate.

Thaw out in the desert with four days of technical and physical training in sunny Tucson, AZ, in the middle of winter! Average high in mid-January is 65F.

Bracketed by the Anza-Borrego O-Fest in CA and the Ironwood 2-Day, this week will give you a great chance to get in some quality training.

The schedule of events will be adapted somewhat based on participant desires. Possible orienteering training locations include Arthur Pack Regional Park (navigate off saguaro cacti!); Catalina State Park (newly updated!); Kentucky Camp/Greaterville (site of 2008 A-meet); Sprint map of University of Arizona and/or Reid Park (get your sprint on!); Sweetwater Preserve (new in 2009!); Chimney Rock (site of a really big rock).

Possible physical training/trail runs: Saguaro National Park, Coronado National Forest.

This will be an awesome week—don't miss out! Volunteers will be needed to help in many different ways, and, of course, will also be able to participate in these events. More details next month.



Everyone is talking about "Change" this year, so the Board decided this would be a good time to make some needed changes in the distribution of Club news.

As far as we know, everyone has access to a computer, so it only makes sense to make the newsletter an e-letter. And since it is usually sensible to check out any last minute changes to plans for monthly meets, the absolutely latest news is available on the website. In addition, it has sometimes been difficult for me (your editor) to assemble a monthly newsletter, due to time commitments.

Beginning in January, we will be going to a quarterly newsletter. There may be some information on past or future meets, but the main aim of the newsletter will be orienteering information and club information other than the meet write-ups. There will be technical and training tips, articles of interest gleaned from other orienteering clubs and magazines, board meeting minutes, items that need general discussion and comments from members—in short, anything that we feel will be of interest to our members.

Articles and opinion pieces from all members are solicited. If you noticed a meet director going out of their way to make a meet successful, write it up. If you thought a course setter did an outstanding job, tell us about it. Everyone appreciates being appreciated!

An e-mail will be sent to all members monthly to remind them of the meet date and place, but full information and the schedule will be on the website.

If you do not have internet access, please let me (Editor) or Jeff Brodsky, Membership Chair, know, and you will receive the information monthly by postcard, and the quarterly newsletter will be mailed to you.

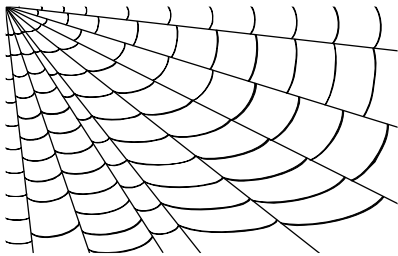
Bookmark our website, and use it often!
www.tucsonorienteeringclub.org

—*Lois Kimminau, Editor*

Tucson Orienteering Club
P. O. Box 13012
Tucson, AZ 85732

Address Service Requested

Close-In Catalina State Park New maps! More detail! Join us on November 15.



Check out the Tucson Orienteering Club web site!

Type **<http://www.tucsonorienteeringclub.org>**

Also, for links to all the West Coast club sites,

just type **http://www.geocities.com/o_sconet**

For the Rolling Rankings of the United States Orienteering Federation (USOF), go to <http://www.usof-rankings.org/>, or for the US Orienteering Sprint Series, <http://www.sprintseries.org>.

Tucson Orienteering Club Membership Application

Check one: New Member

Renewal

Date on label _____

Check one: Individual (\$10)

Household (\$15)

Name: _____

Telephone: _____

Address: _____

City, State, Zip: _____

E-mail: _____

Can you help staff a club meet?

Yes, call me.

Members receive a monthly newsletter, have voting privileges and access to Club library, and receive a \$5 discount per meet. Make checks payable to Tucson Orienteering Club and send to P. O. Box 13012, Tucson, AZ 85732.